Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Vandeputte Pieter HEADCOACH

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

Coaches: Planckaert Pieter

Coaches: Rigole Luna

Coaches: Spincemaille Laura

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:5, starttime: 09:10

Heat: 5/19 Lane : 1 Athlete: BLEUZé DAKOTA **Q-time: 01:40:30**

PB (25m pool): 01:40.30 Diksmuide 28/12/2025 **PB (50m pool):** 01:45.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.20		01:40.30	
		00:48.20		*00:52.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:4, starttime: 09:45

Heat: 4/14 Lane : 2 Athlete: VANLERBERGHE MATTHIAS **Q-time: 01:24:70**

PB (25m pool): 01:24.70 Diksmuide 28/12/2025 **PB (50m pool):** no time **SB:** 01:25.44 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		00:39.17		01:24.70	
		00:39.17		*00:45.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:6, starttime: 09:50

Heat: 6/14 Lane : 7 Athlete: DE BAERE ARNAUD **Q-time: 01:20:23**

PB (25m pool): 01:20.23 Menen 07/06/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:20.23	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 14: 100M MEDLEY MEN 13+ — Heat:12, starttime: 10:00

Heat: 12/14 Lane : 4 Athlete: HEYLIGEN LUTZ — **Q-time: 01:09:62**

PB (25m pool): 01:09.62 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:09.62 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:09.62	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:14, starttime: 10:05

Heat: 14/14 Lane : 1 Athlete: HUYGHEBAERT JULES — **Q-time: 01:07:27**

PB (25m pool): 01:07.27 Menen 07/06/2026 **PB (50m pool):** no time **SB:** 01:08.08 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:07.27	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:1, starttime: 10:05

Heat: 1/10 Lane : 6 Athlete: HONOREZ HENRI — **Q-time: 01:00:67**

PB (25m pool): 01:00.67 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 01:00.67 Brugge 04/10/2026

	25 M	50 M	
PB		01:00.67	
	01:00.67		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 10:10

Heat: 2/10 Lane : 2 Athlete: VANDENBROUCKE BAS — **Q-time: 00:50:84**

PB (25m pool): 00:50.84 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 00:50.84 Brugge 04/10/2026

	25 M	50 M	
PB		00:50.84	
	00:50.84		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 10:10

Heat: 2/10 Lane : 3 Athlete: WINDELS LUCAS — **Q-time: 00:49:43**

PB (25m pool): 00:51.62 Diksmuide 28/12/2025 **PB (50m pool):** 00:49.43 **SB:** 00:54.25 Brugge 04/10/2026

	2 5 M	5 0 M	
PB		00:51.62	
		00:51.62	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 10:10

Heat: 2/10 Lane : 4 Athlete: BONTE EMIEL — **Q-time: 00:49:10**

PB (25m pool): 00:49.10 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 00:49.10 Brugge 04/10/2026

	2 5 M	5 0 M	
PB		00:49.10	
		00:49.10	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:3, starttime: 10:10

Heat: 3/10 Lane : 5 Athlete: VANDENDRIESSCHE MIRO — **Q-time: 00:46:00**

PB (25m pool): 00:46.00 Brugge 04/10/2026 **PB (50m pool):** 00:47.85 **SB:** 00:46.00 Brugge 04/10/2026

	2 5 M	5 0 M	
PB		00:46.00	
		00:46.00	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:7, starttime: 10:15

Heat: 7/10 Lane : 4 Athlete: WINDELS JACK — **Q-time: 00:41:57**

PB (25m pool): 00:42.49 Temse 17/11/2025 **PB (50m pool):** 00:41.57 **SB:** no time

	2 5 M	5 0 M	
PB		00:42.49	
		00:42.49	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:7, starttime: 10:15

Heat: 7/10 Lane : 7 Athlete: BOHIJN NAUD — **Q-time: 00:41:96**

PB (25m pool): 00:41.96 Brugge 04/10/2026 — **PB (50m pool):** 00:42.66 **SB:** 00:41.96 Brugge 04/10/2026

	25 M	50 M	
PB		00:41.96	
	00:41.96		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:9, starttime: 10:15

Heat: 9/10 Lane : 8 Athlete: SANDRA TUUR — **Q-time: 00:40:62**

PB (25m pool): 00:42.95 Brugge 04/10/2026 — **PB (50m pool):** 00:40.62 **SB:** 00:42.95 Brugge 04/10/2026

	25 M	50 M	
PB		00:42.95	
	00:42.95		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:4, starttime: 10:25

Heat: 4/20 Lane : 6 Athlete: BLEUZé DAKOTA — **Q-time: 00:41:88**

PB (25m pool): 00:42.55 Nijlen 16/11/2025 — **PB (50m pool):** 00:41.88 **SB:** no time

	25 M	50 M	
PB		00:42.55	
	00:42.55		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:4, starttime: 10:55

Heat: 4/9 Lane : 6 Athlete: VANLERBERGHE MATTHIAS — **Q-time: 02:51:85**

PB (25m pool): 02:51.85 Meulebeke 18/05/2025 — **PB (50m pool):** 02:55.81 **SB:** 02:57.19 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		02:51.85
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:8, starttime: 11:30

Heat: 8/15 Lane : 5 Athlete: VANDENBULCKE FELI — **Q-time: 01:18:09**

PB (25m pool): 01:22.50 Brugge 04/10/2026 **PB (50m pool):** 01:18.09 **SB:** 01:22.50 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.81		01:22.50	
		00:38.81		*00:43.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:9, starttime: 11:35

Heat: 9/15 Lane : 1 Athlete: BREDA MAUD — **Q-time: 01:17:73**

PB (25m pool): 01:17.94 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:17.73 **SB:** 01:18.78 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.67		01:17.94	
		00:36.67		*00:41.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 11:50

Heat: 2/11 Lane : 3 Athlete: VANDENBROUCKE BAS — **Q-time: 01:55:82**

PB (25m pool): 01:55.82 Diksmuide 08/02/2026 **PB (50m pool):** 02:00.80 **SB:** 01:57.09 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:54.04		01:55.82	
		00:54.04		*01:01.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 11:50

Heat: 2/11 Lane : 5 Athlete: BONTE EMIEL — **Q-time: 01:55:21**

PB (25m pool): 01:55.21 Diksmuide 08/02/2026 **PB (50m pool):** 01:56.56 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.87		01:55.21	
		00:52.87		*01:02.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 11:50

Heat: 2/11 Lane : 8 Athlete: HONOREZ HENRI — **Q-time: 01:59:09**

PB (25m pool): 01:59.09 Diksmuide 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:56.53		01:59.09	
		00:56.53		*01:02.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:3, starttime: 11:50

Heat: 3/11 Lane : 8 Athlete: VANDENDRIESSCHE MIRO — **Q-time: 01:54:62**

PB (25m pool): 01:54.62 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:57.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.21		01:54.62	
		00:54.21		*01:00.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:7, starttime: 12:00

Heat: 7/11 Lane : 6 Athlete: WINDELS LUCAS — **Q-time: 01:43:12**

PB (25m pool): 01:43.29 Brugge 04/10/2026 **PB (50m pool):** 01:43.12 **SB:** 01:43.29 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.93		01:43.29	
		00:47.93		*00:55.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:8, starttime: 12:05

Heat: 8/11 Lane : 2 Athlete: SANDRA TUUR — **Q-time: 01:41:74**

PB (25m pool): 01:42.31 Diksmuide 29/12/2024 **PB (50m pool):** 01:41.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.53		01:42.31	
		00:48.53		*00:53.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:10, starttime: 12:10

Heat: 10/11 Lane : 2 Athlete: BOHIJN NAUD — **Q-time: 01:36:67**

PB (25m pool): 01:36.67 Brugge 04/10/2026 — **PB (50m pool):** 01:42.50 **SB:** 01:36.67 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.89		01:36.67	
		00:45.89		*00:50.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:11, starttime: 12:10

Heat: 11/11 Lane : 1 Athlete: WINDELS JACK — **Q-time: 01:34:91**

PB (25m pool): 01:34.91 Brugge 04/10/2026 — **PB (50m pool):** 01:39.79 **SB:** 01:34.91 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.42		01:34.91	
		00:45.42		*00:49.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: